



Sandringham
Life Saving Club

ANNUAL REPORT

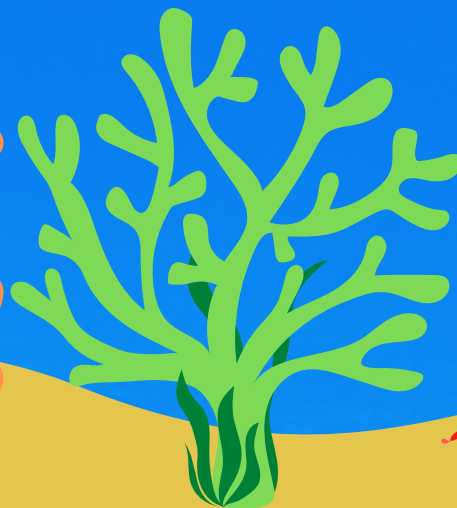
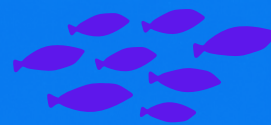
2021-2022





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PRESIDENT



Vicky McKay - president@sandringhamlsc.org.au

Welcome to the Sandringham Life Saving Club Annual Report for 2021/2022.

What a monumental year we have had! We have grown from 348 members in 2020/2021 to 430 this season. This is the highest number of members the club has seen for many years (perhaps ever!). It is a resurgence post COVID with 197 junior members, 235 new members, and the additional 50 Silver Salties participants!

I would personally like to thank each and every one of our members for choosing to be a member at Sandringham Life Saving Club, for participating in our programs and activities, and for your contribution to our club, especially our small dedicated team of patrollers. They did an amazing job despite the COVID isolation challenges we at times had to overcome.

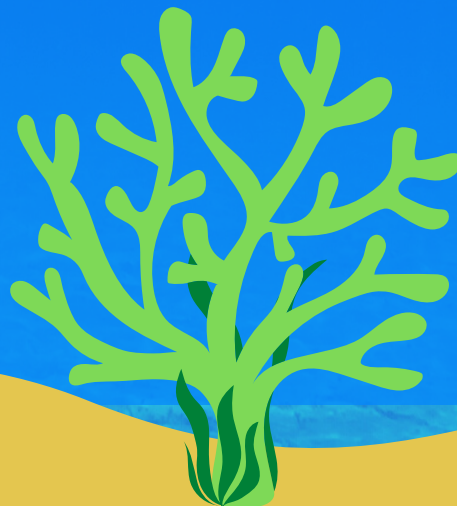
For a small club, we have delivered so much for our members and our community this past year. We are focused on three key things educating and connecting our community; being a more inclusive club; and prioritising wellbeing and safety of our members and community. Above all, we are continuing to deliver our core purpose of providing life saving services.

This year we launched a partnership with Sandringham College to deliver Beach Activity sessions for their Year 9 students to develop leadership and teamwork and to

have fun at the beach. We are looking to continue this important pathway for young people and to replicate this initiative with other schools in the area in the year ahead. We have also forged a Community Engagement partnership with Bendigo Bank to deliver holiday programs which we look forward to rolling out in the coming months. We hope to introduce more young people to lifesaving and water safety, helping to keep them safe and also providing a pathway into patrolling and volunteering.

October saw the launch of the Silver Salties program - a wellness and connection initiative for people aged 60+. This inclusive, active participation program has flourished, with a loyal following and brought a new generation of locals to the club to be part of our wonderful community. Previously Sandringham Life Saving Club had very few older members. This program has resulted in 50 new 60+ year olds utilising the club facilities daily, all year round. Silver Salties has been recognised by Life Saving Victoria as breaking new ground for lifesaving clubs in Victoria and Surf Life Saving Australia has commended the club for the terrific partnerships forged and the success with grant seeking to support this initiative.

COVID has impacted all of us and as a club we have looked to offer initiatives that support our community to be strong and reconnect with one another. For the second year in a row, we have delivered more Mental Health First Aid training. These



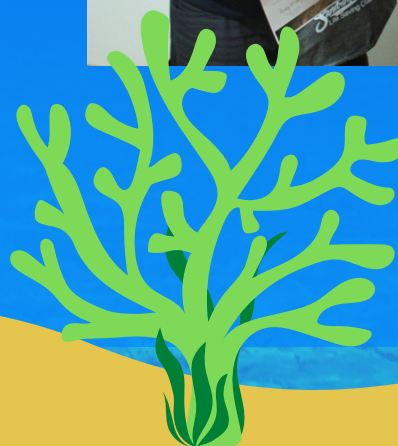
PRESIDENT CONTINUED



sessions have been free to club and community members and offer a vital extension of our water safety focus to extend our support to the wellbeing of the wider community during a time when mental health issues are increasingly prevalent in our community. In June we co-hosted a Cold Water Swimming Educational session with the team from SwimWell, providing members of the community the opportunity to learn about the benefits, techniques and advice to keep themselves safe whilst swimming through the Winter months. We also piloted a regular community swim supported by our water safety crew to offer a welcoming and safe environment for those looking for swim buddies or to build their swimming confidence.

These activities have been an extension to our core purpose of patrolling the Sandringham beaches from November to the end of April. Our small, dedicated team of volunteers delivered in excess of 1,300 hours of service to the community and are committed to the safety of our beach goers.

Sandringham Life Saving Club are extremely proud of what we have achieved and the community outcomes. We are an inclusive, community-focused club and I encourage all individuals in our community to get involved. Whether you are a current member looking to get more actively involved, a local resident looking for a welcoming community who are focused on your wellbeing or know someone who could benefit from our services, please come down and see us or get in touch. We'd love to hear from you.





VICE-PRESIDENT

Karen Pennie - vicepresident@sandringhamlsc.org.au

After a few seasons of volunteering in both patrolling and water safety capacity, this season was my first as an active committee member in the VP role. As such, I want to extend thanks to my fellow committee members for being so supportive and welcoming.

For the second season in a row, our club was faced with many challenges in striving to be a welcoming place for family and friends over summer weekends while adapting our normal operations to account for COVID requirements.

I was humbled to witness our incredible group of volunteers provide an active community lifesaving presence over the season, as previous volunteers have done for around the last 100 years. A huge thank you to our modest group of committed volunteers who had their work cut out for them this year with many patrols impacted by COVID isolation requirements and illness. I hope as we head into the 22/23 season, we continue to grow our volunteers and reduce the pressure a little with the recruitment of more patrollers and committee members to provide support in whatever capacity you can.

This season we also witnessed Marcus and Dave's Nippers legacy continue under the leadership of Hamish and his dedicated and enthusiastic crew of age managers taking Nippers from strength to strength. They did a superb job week after week, and I personally loved the end of Nippers carnival. A big thank you to the Nippers crew for keeping the smiles bright and energy up even through all the extra COVID check in and vaccination certificate requirements.

Off the beach, we have continued to build relationships with Bayside Council and local stakeholders, with our little club and coastal erosion getting a mention during question time.

Vicky has worked tirelessly this season to establish the Silver Salties program and Ross kicked off our open water swim events on a Sunday morning, for those who want to build their confidence in the open water with the support of our water safety crew.

Our relationships didn't stop there as we forged stronger relationships with local clubs who were generous in their support of patrollers when our crew were incapacitated with COVID, and providing IRB crew training (inflatable rescue boat) for our patrollers. We were even treated to a beach call by the local jet ski patrol during one of our Nippers sessions. We are always keen to build the skills of our patrollers and encourage anyone who wants to upskill or begin their lifesaving journey to reach out - we would love to have you on the crew, regardless of your previous skills and experience.

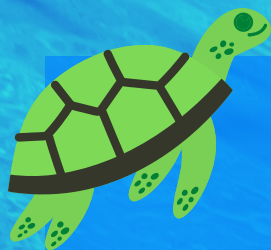
I had hoped this season we would continue the great work that last year's committee commenced with the opening of the clubhouse bar after Nippers but sadly due to capacity limits and social distancing requirements we couldn't kick this off. I am however pleased to confirm that during the off season I will be completing the required certification to take on the licence and all things going well, I will be able to re-open the Sandringham Life Saving Club Bar. I hope to see many of you for sundowners after Nippers or patrol next season.

If any other members have their RSA certification or wish to do this through the club, please get in touch as I will be looking for some help to keep the bar open throughout the season.

To close out, a huge welcome to all our new members, regardless of how much time you spent on the beach or in the clubhouse last season, it all counts – so thank you.

I hope to see you all at the club at the start of next season.





TREASURER

Tomas Dedek - treasurer@sandringhamlsc.org.au

- The financial report for FY21 - 22 shows a net surplus of \$30,050.
- Nat and Vicky have done an amazing job with successful Grant applications!
- NBN now live for internet with Charity rate courtesy of Aussie Broadband.

Balance as at Jun 30 2021:	\$114,630
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Balance as at Jun 30 2022:	\$144,758
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Main Account:	\$144,747
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Debit Account:	\$1,010
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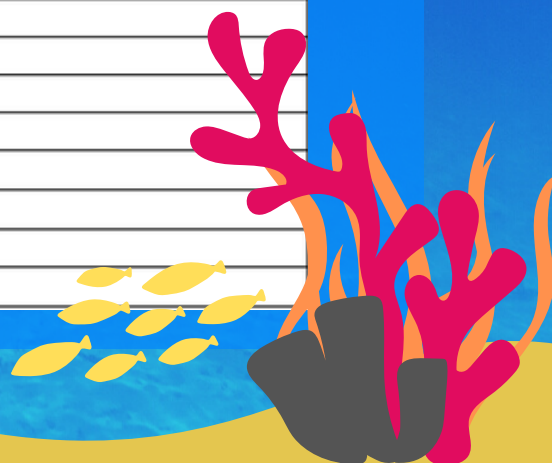
Total Income:	\$93,772
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Total Expenses:	\$63,722
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Net Surplus (2021/22):	\$30,050
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KEY ITEMS FOR 2021 - 2022

Income:	
\$67,445	Grants Received (as per list below)
\$19,742	Membership Income:
\$4,858	Merchandise
\$2,000	Fundraising: (All Souls \$2,000)
\$138	Bank Interest less Fees
\$88	Nippers
\$94,272	
Expenses:	
-\$33,736	Grants Spent (Strat Plan, MHFA, BSEF, Aircons)
-\$13,187	Operating Expense (Admin, first aid, fuel, stationary, etc.)
-\$4,246	Maintenance - Building (Balcony repair, Electrical - Safety check, water pipes)
-\$4,380	Insurance (Marsh)
-\$3,765	Awards
-\$1,199	Swimming
-\$958	Internet
-\$623	Training
-\$604	Electricity
-\$293	Equipment (tables, chairs, kitchen items)
-\$252	Liquor licence
-\$735	Silver Salties (excluding grants)
-\$246	Rent
-\$64,222	
NET:	
\$30,050	

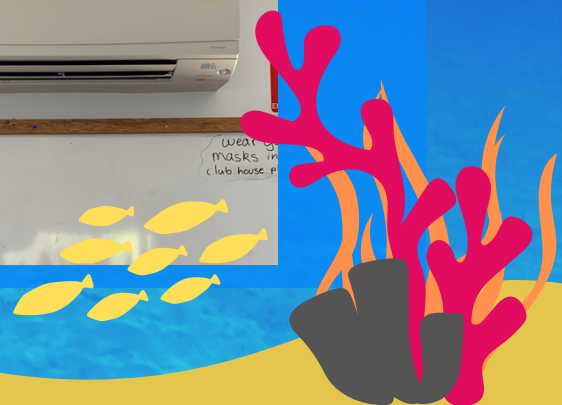




TREASURER CONTINUED

GRANTS 2021 - 2022

\$5,000	LSV - 21/22StrategyPlanningGrant
\$2,516	Support for maintaining state-wide rescue equipment based on GEMS assets as of Jan 13 2022
\$5,500	DJPR - DEPARTMENT OF JOBS, PRECINCTS AND REGIONS - Vic Sport and Recreation – Change Our Game Community Activation Grant - partially fund the Bronze Medallion Course we hope to run in December 2022
\$1,100	Uniform Grant
\$500	Grant from SLISA for Silver Salties
\$500	Grant from SLISA for Silver Salties
\$3,840	Bendigo Bank - Community Partner Grant - To fund our community youth program - 4 x first aid and 1 x Bronze medallion holiday program for High School students
\$695	Vic Health - Community Shade Grant Program - order hats and polos for Silver Salty Members
\$1,500	DJPR - DEPARTMENT OF JOBS, PRECINCTS AND REGIONS - COVID survival grant
\$11,000	BSEF - Part 2 - Period 2 - 1 July 2021 to 31 March 2022
\$5,500	BSEF - Part 1 - Period 1 - 1 January 2021 to 31 December 2021
\$5,500	Powering Communities Program - Goldstein - purchase of Air Conditioner/Split System for clubhouse and patrol room
\$8,250	LSV - Admin Grant
\$2,955	Emergency Services Refurbishment Fund (ESRF) - Balance of our allocation deposited
\$4,935	Emergency Services Refurbishment Fund (ESRF) - Grant to pay for Electrical works
\$8,155	Bayside Council's 2021/22 Annual Community Grants Program – Silver Salties
\$67,445.46	



ADMIN

Samantha Turner - admin@sandringhamlsc.org.au



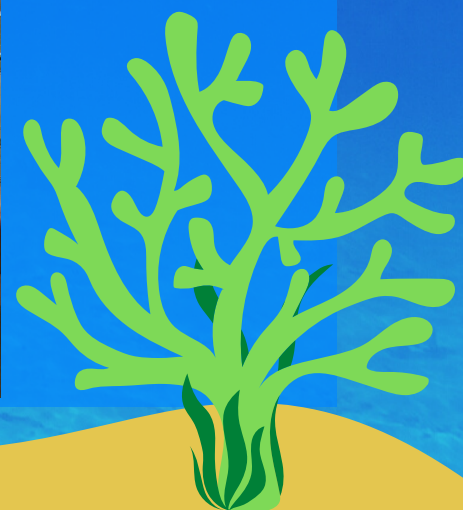
In 2021-2022, the Board of Management had 10 members as follows:

Position	Holder	Notes
President	Vicky McKay	Executive Committee
Vice-President	Karen Pennie	Executive Committee
Administration Officer	Samantha Turner	Executive Committee
Treasurer	Tomas Dedek	Executive Committee
Lifesaving Operations Manager (Club Captain)	Orlando Buttie	Executive Committee (Lifesaving Operations Council Representative)
Chief Instructor	Bianca Pardo	Executive Committee
Junior Activities Coordinator	Hamish McKay	
General Committee	Estelle Gaillard	
General Committee (Grants)	Natalie O'Brien	
Sponsorship & Partnerships	Ross Lavender	

The Board of Management met nine times during the year.

In addition to the Board of Management position, Sub-Committee Roles were as follows:

Sub-Committee Roles	
Maintenance Officer	Darren Willis
Membership Protection Officer	Helen Brown



MEMBERSHIP



2021 saw the club's membership numbers increase after the previous season's uncertainty due to COVID. It was good to see our community coming back together so enthusiastically for Nippers. The club has a good reputation within the local community and several families transferred over from other local clubs specifically for our Nippers program

Membership Breakdown:

- 432 members in total
- 236 existing members renewed their membership
- 160 new members registered in 2021
- 39 new members transferred across from other clubs

Our Membership registration day was held online but still well attended and all attendees signed up shortly afterwards. The Sandringham Festival did not take place in 2021 and this is usually a popular event where we recruit new members.

	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022
Junior Members	18	160	185	144	182
Cadets 13 - 15	1	8	9	12	13
Active members 16+	229	198	221	192	237
Total Members	248	366	415	348	432

Nipper Numbers:

The younger Nipper groups were at capacity when Nippers commenced; this is testament to the great reputation that Club has. A waiting list was created and due to an increase in Age Managers, we were able to include few more into the program. There were some Nippers unfortunately not able to register, but will get priority over new registrations next season.

Nippers 2021 / 2022 Season										
U6	U7	U8	U9	U10	U11	U12	U13	U14	U15	Total
35	23	31	21	28	23	7	14	8	5	195

As per usual, current members will be able to renew membership ahead of the Club offering new memberships.

- Nippers on the waiting list will be offered the chance to enrol ahead of new memberships.
- Renewals for next season will not be accepted until all applicants' Working With Children Checks (WWCC) have been received; members wishing to renew should please ensure they add Sandringham Life Saving Club to their WWCC online account in order to secure their place.
- This year's fee structure is yet to be confirmed, but it is likely that new registrations and renewals after a certain date will be a higher rate.



OPERATIONS

Orlando Buttie - lifesaving@sandringhamlsc.org.au



A HUGE thank you to everyone for a wonderful season throughout all the ups and downs! A massive thank you to all the patrollers this season! Whether you patrolled 5 or 125 hours it really made a difference and we couldn't have done it without you!

Despite the continued challenges of COVID-19 combined with reduced patroller hours, we were able to maintain our essential aquatic safety service to the community at a very high standard. Thank you to everyone's efforts and enthusiasm which made for a memorable season. I am enormously proud to be a part of team Sandy!

As a whole patrol team of 47 patrollers, we achieved 1,356 volunteer patrol hours! A massive feat, especially considering the impacts and constraints of COVID-19 and fewer patrollers. We also had 845 preventative actions, 79 minor first aids, 0 major, 0 rescues and a beach attendance of 36,376 over the season. I am humbled by everyone's continued commitment to lifesaving throughout this challenging season. I am really grateful to be a part of such an enthusiastic and dedicated team, I could not be prouder.

Our exceptional Patrol Captains were amazing again this season, you hold our teams together.

Thank you to Darryl Morphett, Bianca Pardo, Denis Buttie, Daniel Pardo and Claire Pardo. We could not put on patrols without you!

A big warm welcome to our new patrollers this season! We've loved having you all on our teams for your attitude and enthusiasm and look forward to seeing you grow throughout your lifesaving journeys. Congratulations to all those who upskilled this season with new awards from advanced resuscitation techniques and IRB crew, you enable us to have full patrols. A huge thank you to Bianca, Claire and Sim for their commitments to training!

This season we were also very fortunate to purchase new equipment thanks to various grants including a new IRB trailer, new air compressor for the IRB and a marquee.





OPERATIONS CONTINUED...

This season we held our second Pink Patrol which was a success! The Pink Patrol is an annual tradition across many Victorian Lifesaving clubs with the aim to acknowledge and celebrate the many contributions females past and present have played in lifesaving. It also aims to inspire and empower future generations of women and girls through positive role models and building capacity through skills and confidence. Sandy is very proud to have many women leading the club forward. Thank you to everyone who got involved on the day and got in some pink, it was awesome to see huge support.

Congratulations to the following patrollers with the highest patrolling hours, your contributions are invaluable to the club.

Position	Patroller	Hours
1st	Lucas Pardo	124.67
2nd	Simona Pardo	70.67
3rd	Denis Buttie	68.75
4th	Claire Pardo	62.5
5th	Leilani Buttie	58.5
6th	Daniel Pardo	54.75
7th	Darryl Morphett	52.5
7th	Angus Pither	52.5
8th	Bonita Buttie	50.75
8th	Brady Morrissey	50.75
9th	Lauren Rosenberg	48.08
10th	Nerida Lowndes	44

It was awesome to celebrate the season at our Presentation Night at the Sandringham Bowls Club. This was a great chance to recognise the hard work of outstanding people within the club, our top patroller hours and our annual lifesaving awards.

Congratulations to all for their hard work, dedication and positive attitude making the club a great place to be! In particular to Lucas Pardo

for his sustained commitment to the club, patrolling over 100 hours for four of the last six seasons and being awarded a Life Membership. Congratulations!

Lifesaver of the Year: **Leilani Buttie**

Outstanding contribution to Lifesaving: **Lauren Rosenberg**

Best First Year Lifesaver: **Lillie Isborn and Jesper Isborn**

Encouragement Awards (in no particular order): **Cecile Dutrieux, Ruben Chapman, Archie McKay and Daniel Pardo**

Thank you all so much for your sustained efforts throughout the season! I will be handing over the reins to new leadership next season as I am studying overseas. But I'm still looking forward to saying hi again at some point. Until then, have a great off-season.

Best wishes to all,

Orlando Buttie



TRAINING



Bianca Pardo - training@sandringhamlsc.org.au

Unfortunately, it was another tricky COVID season which saw restrictions yet again on our training programs and a clear feeling of fatigue emerging from lockdowns. We found that after so long without seeing friends and family, people were - understandably - reluctant to commit to courses. This resulted in lower numbers and a large proportion of withdrawals which we have never experienced before.

Nevertheless, we persevered, kicking off the season with Skills Maintenance for a total of 58 people. This was closely followed by a Bronze Course in November with 4 candidates completing the course and a CPR refresher for 4 patrollers.

We also successfully ran our first Cadet Surf Rescue Certificate (SRC) course for 6 Cadets structured around the Nipper program, and in March, Brighton LSC generously facilitated an IRB Crew course at Sandy.



Congratulations to Anatole, Agathe, Archie, Bonita, Georgia (Black Rock), Harper (awarded the Chief Instructor's Award), Johanna, Leilani (x2), Lochie, Max, Pierre, Ruben and Xavier for completing new lifesaving awards!! It is always a massive effort and you should be very proud of yourselves!

Our training team and some extra helpers also ran an inaugural school program for 40 Year 9 students from Sandringham College, a lifesaving 'taster' experience for their Outdoor Education class. Thank you to Sim, Nerida, Daniel and Peter (South Melbourne) for assisting with that program!

Our training season came to a close with a third and final Mental Health First Aid course, facilitated by LSV over two Sundays in May. These courses were very well received and attended by members of the community. We are so grateful to have been granted the opportunity to run them.

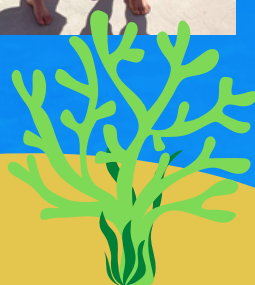
A HUGE thank you to Sim, Claire and Orlando for training throughout this season!! It was a tough one and we couldn't have achieved so much without you!

Please keep an eye out for new courses as we approach next season and do not hesitate to reach out and ask any questions you may have or express interest in completing some awards!

A pinch point going forward for next season will be trainers. If you are confident in your skill level as a patrolling member or First Aider, I encourage you to consider completing your Training Officers Certificate this season. Please reach out if you have any questions or are interested, we are very keen to expand our training team!

We already can't wait to train you next season! See you on the beach!

B x





NIPPERS

Hamish McKay - nippers@sandringhamlsc.org.au



The 2021/2022 Nipper season saw a return to our first full program for a number of years due to COVID challenges. Fortunately as children do so well, they bounced back throwing themselves fully into every activity during the season, culminating in a very successful carnival on the last day.

I want to thank the Age Managers for the enthusiasm and structure they bring week on week within sometimes challenging conditions, to the water safety team who enable our Nippers to enjoy the water activities they thrive in, to the Board and behind the scene team who enable Nippers to run as efficiently and effectively as it does and to the parents who always get involved helping us out. Without you all, we wouldn't be able to run the successful Nippers program we do - thank you.

Having taken on responsibility for the Nippers program this year, I am often asked how it has become the success it has. Honestly, at its core it's down to the amazing foundation established by the work of Marcus Brookes, Dave Richardson and the Age Managers of the past four years. This group successfully transformed a program of less than 40 Nippers to what you currently see this year with 196 enrolled Nippers, learning the fundamental skills of water safety, lifesaving and general beach awareness.

So, I want to thank them for establishing our Nipper program which I am thoroughly looking forward to continuing the journey with.

In looking back on the season which started in the first weekend of December, we successfully navigated the COVID challenges of QR check-ins and additional cleaning requirements of the equipment, whilst delivering our educational program. To all those involved in coordinating these new protocols and to the parents and Nippers for supporting us and working with us during these changes, a big thank you. As the season continued, it became quickly obvious that our Nippers were relishing the opportunity to get back outdoors after the various lock-downs, seeing them successfully completing their water assessments and quickly maximising their time in the water through the various swimming and board activities. The season concluded with a fun carnival day which I believe truly showed the progress our Nippers had made, as witnessed by many of the parents who were left in their wake during the various races.

Finally a special thank you to our Training team, Bianca, Claire and Sim Pardo who delivered the educational sessions which





NIPPERS CONTINUED...

were a huge success with the Nippers and many parents commenting on how they wish they could benefit from similar learnings, something which we are looking to see how we may be able to facilitate. These Nipper education sessions are core to our ability to teach the Life Saving responsibilities we have, but also in equipping our children to both know how to be safe around the beach and water, sharing this knowledge with the wider community.

As we start planning the 2022/2023 season, we have some exciting new programs and approaches we are looking to implement plus new equipment including seven larger racing boards for the older age groups to use so we can continue to push their skills even further.

Whilst the Age Managers lead the program,, it's the parents who help out with activities and in the water supporting your children that really enable us to deliver our program, so please be prepared to support us in the coming season.

Please keep an eye on our social media communications for the early registration and qualification periods pre season so you don't miss out in securing your place.

Looking forward to seeing you all on our amazing beach soon.

Best,

Hamish



GRANTS



Natalie O'Brien - grants@sandringhamlsc.org.au

This financial year has seen the Sandringham Lifesaving Club (SLSC) awarded \$50,733 in grant money from a variety of sources, including the Federal Government, Victorian Government, Bayside City Council and Bendigo Bank.

Securing extra sources of funding for a range of new and innovative programs proved vital to our club being able to run a successful 2021/22 summer season of nippers and patrolling.

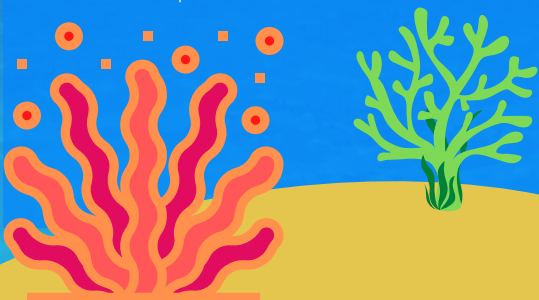
Developing a strategic plan is a priority for SLSC and in 2021 a Vic Sport grant allowed the club to engage a consultant to assist the SLSC board to begin the process of preparing and drafting a strategic plan. The club will seek additional funding to further the process and we are hopeful of producing a finalised strategic plan within the next 12 months.

A Vic Health grant of \$9,000 enabled the club to run a 'pathway to patrolling' program aimed at skilling up our teenage and young adult members into patrolling roles within the club. Building and developing our patroller numbers is a key focus for the club into the future. We aim to be able to fulfil all our patrolling commitments in the upcoming years by engaging with young people in the local community and providing them with a pathway to become patrol leaders. The 'Change Our Game' grant from the state government will allow SLSC to run a week-long Bronze Medallion Holiday Camp in December 2022 aimed at encouraging local teenagers, especially young women, to attain the qualifications they need to become patrollers.

Equally, we have secured ongoing funding through the Bendigo Bank Community Partnership Fund to run regular youth holiday training programs aimed at local high school students in the hope they will use these qualifications to benefit the broader community.

A major initiative for SLSC in the 2021/22 season was the establishment of the much-needed post-COVID Silver Salties program which provided older members of the local community with weekly Yoga, Pilates, Fitness, Bay Swimming Confidence and TaiChi classes. These classes were partially funded by a grant of \$7,414 from the Bayside City Council which allowed the club to hire instructors, promote the program, and offer the clubhouse as a venue for these activities and classes. SLSC hopes to make the Silver Salties program a permanent self-sustaining fixture with the aid of external funding to assist in broadening the range of activities on offer.

Upgrading the clubhouse to improve the services that we offer is always a priority for any grant funding opportunities. Through the Volunteer Emergency Services Equipment Program the club secured \$10,089 towards minor facilities and storage upgrades to the clubhouse. In addition, the Powering Communities Grant provided the club with \$5,000 towards the installation of two new energy efficient split system air conditioning units, with one located in the patrol room and the other in the main training room. These were welcome additions and have been put to good use since their installation, allowing the clubhouse to be fully utilised all year round by our Silver Salty members, by participants in our training initiatives such as the Mental Health First Aid Course in late May, cold-water education session in June and our youth training programs which run throughout the year.





SILVER SALTIES

Vicky McKay - silversalties@sandringhamlsc.org.au



As part of the Sandringham Life Saving Club (SLSC) Strategic Planning review and (pre-COVID) community consultation, it became apparent that although SLSC was actively patrolling the Sandringham beach during the summer months, that general awareness of the club within the community was low. Subsequently, we decided our club needed to increase the visibility of the work that we do. This included looking at ways that we could be more inclusive and supportive of our community members, as well as delivering more initiatives across the off-season.

With an ageing population in Bayside and only a few club members aged 60+, this age group was seen as a key demographic that we wished to reach out to, to be part of our club.

In August 2021 SLSC were successful in receiving \$7,414 from Bayside Council to implement "Silver Salties: An Over 60s Active Participation Program". The objective was to give older members of our community a safe and inclusive place to focus on their physical and mental wellbeing and build connections with like-minded people at our wonderful Sandringham beach location.

SLSC launched Silver Salties during Seniors Month in October 2021—unfortunately in the midst of another Melbourne lockdown. Instead of hosting a 'Come and Try' Open Day event, we had host the Open Day online with individual sessions hosted on Zoom. Since October the program has flourished with more than 50 regular participants in over 130 sessions with different classes each week day. The classes are hosted by qualified instructors who have been carefully selected for their expertise with this age group, their passion, compassion and their community focus. The classes offered included Yoga, TaiChi, Swimming Confidently in the Bay, Group Fitness and Pilates.

In March 2022, SLSC (Silver Salties) participated in the Bayside Inclusive Community Sports Day. This was the second year a group of local clubs collaborated to showcase multiple sporting activities to the community. This year we expanded the event to be inclusive of all abilities, welcoming all sections of the community to participate. A separate seniors session was held, to encourage older members of the community to participate in a 'come and try' sports circuit, which included hockey, cricket, tennis, lawn bowls, soccer and Silver Salties (yoga and pilates).

In May 2022, this program was nominated for the (inaugural) Life Saving Victoria (LSV) Diversity and Inclusion Award. The Inclusion award recognises an initiative developed and implemented within the Victorian lifesaving community which has made a significant contribution to a fair and inclusive lifesaving movement. The winner will be selected at the Annual LSV Awards of Excellence in August. We look forward to sharing this result with you later in the year.



OPEN SWIMMING



Ross Lavendar - sponsorship@sandringhamlsc.org.au

Swimming in the Port Phillip Bay has been increasing enormously over the last two years, directly as a result of COVID restrictions. In December, Sandringham Life Saving Club began hosting weekly Silver Salties 'Swim Confidentially in the Bay' swim classes. These classes have been very well attended and have helped community members to feel more confident swimming in open water by improving their technique and ability.

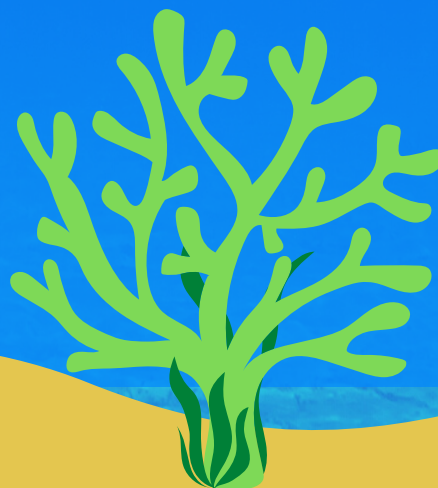
In March and April, Sandringham Life Saving Club started hosting a Sunday morning community swim session, supported by our Water Safety crew. Through social media and word of mouth, the number of weekly swimmers grew to 30 participants (including club members & non-members). The club provided water safety support in addition to hot food and drinks after the swim, all of which, combined with the inclusive, easy camaraderie, proved to be a popular draw card to community members to join our newly formed swimming group.

Positive feedback from swimming participants was received, and from further conversations we believe there is community demand for future swimming activities at the SLSC. Open water swim coach Peter Hendricks (from SwimWell Australia) was on-hand to share his swimming experience at a number of the swims, which was well-received. The team at SwimWell Australia also co-hosted a sold-out Cold Water Swimming Educational session to teach the community about swimming safely in the colder months.

We believe the supported swims and education workshop have been a positive introduction into hosting swimming activities and are an ideal avenue for generating improved community engagement, inclusivity and to increase awareness of swimming safely in the bay.

In the next few months, the SLSC Board of Management will develop an open water swimming strategy for the short to medium term.

If anyone wishes to assist with hosting the events in the coming season or development of the swimming strategy, please contact Ross Lavendar (0419-801-573).





DATES TO SAVE

6 AUGUST

Annual General Meeting
12:30pm at the clubhouse

14 + 15 OCTOBER

Open Day Weekend

12 NOVEMBER

Observational Patrols begin

THANK YOU!!

A BIG thank you to everyone who has helped to put this Annual Report together.

A special thank you to the Board of Management, and the creative team (Bianca, Imogen and Lauren), for putting this newsletter together—including the beautiful artwork by Lauren!

