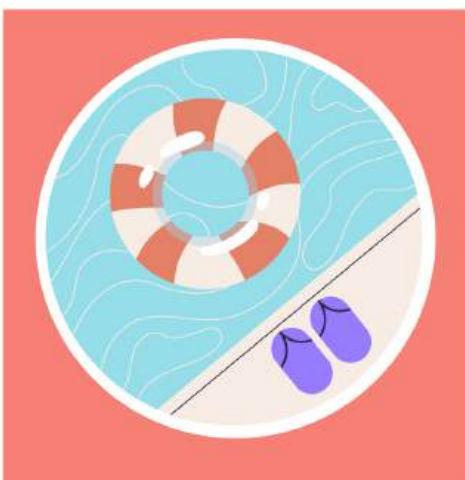


WINTER NEWS LETTER 2024

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**SANDY
LIFE
SAVING
CLUB**



[LINKTR.EE/SANDRINGHAMLSC](https://linktr.ee/sandringhamlsc)



COMMS@SANDRINGHAMLSC.ORG.AU



PRESIDENT

Vicky McKay

president@sandringhamlsc.org.au

Welcome to our Winter's nearly over, pre-season edition of our quarterly newsletter!

Whilst some of you head north for the Queensland winter sun or further afield to Europe, there have been some brave Sandy swimmers who have continued to frequent our local beach throughout the winter. Not me this year, but glad to see the love of the water has kept some of you braving the sub-10 degree temps!!

A couple of weeks ago, a group of Sandy LSC members attended the Life Saving Victoria annual Awards of Excellence. We were thrilled to have been a finalist for the Outstanding Achievement of the Year for our Sunday Community Swims.

We didn't come away with the win, but we know how amazing this program is!! Well done to everyone who has helped make this activity a pleasure to be part of; whether you were a swimmer, watching over our swimmers or keeping them fed, watered and warm afterwards!

At the beginning of August we held our Annual General Meeting. It was a time to reflect on the achievements of the 2023/24 season and to thank all of our

Board members who have served the Club so well over the past season. I'd like to thank our retiring Board member Claire Pardo for her contributions across so many areas of our club. Although Claire is standing down from the Board, she has agreed to continue on in a Wellbeing Officer position, where she will be able to pursue her interest in Mental Health First Aid and continue to support our inclusive, significant patrol events and activities. I'm excited to welcome Stu Diamond to the Board of Management in the position of Member Engagement Manager.



PRESIDENT CONTINUED...



In July I had the privilege to attend the Surf Life Saving Australia National Leaders Masterclass, for 5 days in Adelaide with club leaders from around the country (and one from NZ). It was a wonderful opportunity to spend time with like-minded volunteers and invest in our own learning to support the strategic development of our club's future.

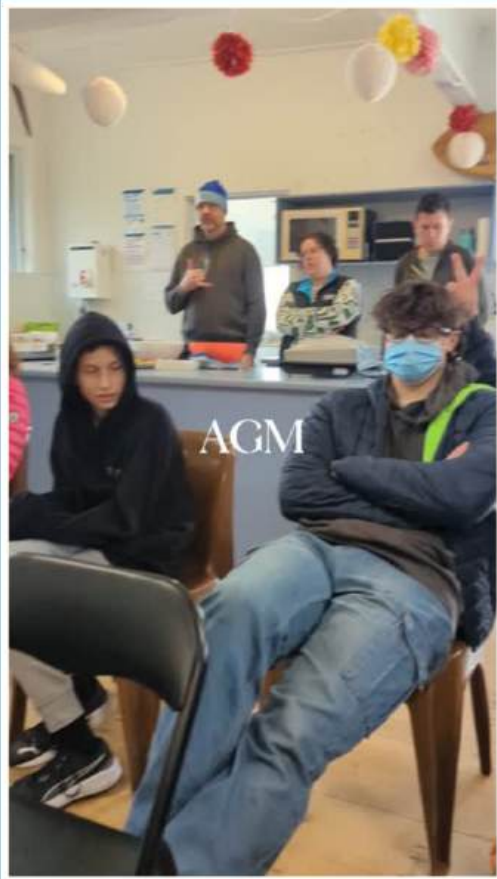
As the 2024/25 season approaches, I'm pleased to announce that our membership fees will stay the same again this year. The Board unanimously agreed that this was important in the current climate, but we do ask that you support the club however you can and think about how you could get involved. You really don't need to be in the water, doing the actual lifesaving to volunteer at a life saving club. There is something for everyone in lifesaving. Your skills, experience and willingness to help out even in a small way can make a big difference.

Yours in service,
Vicky





BOARD OF MANAGEMENT



We had an awesome AGM, complete with a visit from a pod of dolphins!!

It was great to see everyone after a decent winter break and to discuss the future of our club and elect new and renewing board members,

A particular welcome to Stu Diamond who will be taking the position of Membership Engagement Manager and a special thank you to Claire Pardo who has stepped down from her role for this season.

Our Board of Management for the 2024/25 Season are:

- President – Vicky McKay
- Vice President – Gary Beer
- Treasurers – Cecile and Xavier Dutrieux
- Secretary – Christina Peace
- Membership Officer – Meagan Holstrom
- Lifesaving Operations Manager (Club Captain) – Daniel Pardo
- Chief Instructor – Bianca Pither
- Junior Activities Coordinator (Nippers) – Hamish McKay
- Membership Engagement Manager – Stu Diamond
- Sponsorship/Community Partnerships – Ross Lavender

Thank you to all of you for your continued dedication to the club. We can't wait to see what we achieve this season!

Positions that are still vacant are:

- Grants Officer
- Strategic Projects Lead (New Position)

Please note that these positions are for 2-year terms unless specified and will be up for re-election in 2026.

Please contact Christina Peace (Admin Officer) admin@sandringhamlsc.org.au for further information on the vacant positions.

TRAINING DATES

Bianca Pither
training@sandringhamlsc.org.au



With this tempting spring weather we are turning our focus to another awesome summer of training! I would love to challenge all of you this season, there is trully something for everyone this year! There is no better feeling than learning how to save lives and making a difference to your community.

Please see the first half of our training calendar below. Our Bronze Medallion, Bridging + SRC Courses are up for enrolment - [please visit our website for enrolment instructions and more information](#). Please note, you must be a full financial member to participate. Enrolments for our other courses will open soon, please keep your eye on your inboxes for more details or email Bianca at training@sandringhamlsc.org.au to be the first to know!

OCTOBER

7th

- Bronze + SRC Course Begins

15th

- Bridging Course Begins

19th

- SRC Assessment

26th

- Bronze + Bridging Assessment

NOVEMBER

9th

- ARTFA + Resus Course

NOVEMBER CONTINUED...

23rd

- Requal + Resus Course

26th

- SSV Course

DECEMBER

1st

- Requal

7th

- Requal + Resus Course



WINTER SOLSTICE

swimming@sandringhamlsc.org.au

The Winter Solstice marks the shortest day of the calendar and that moving forward the days will continue to grow longer, brighter and warmer.

On 23rd June over 70 brave soles enjoyed perfect conditions for our Winter Solstice Swim. The sky was clear, the water was flat and the water was about 10 degrees!!

Thank you to our amazing volunteers who braved the cold conditions (it was warmer in the water than out!) to provide water safety for our dedicated swimming community.

Keep an eye on our socials for the return of our much loved Sunday Community Swims.



SILVER SALTIES

Meagan Holstrom

silversalties@sandringhamlsc.org.au

Our Silver Salties Program is participating in the Bayside Healthy Ageing Seniors Festival again for 2024. The festival has the aim to celebrate and bring people together over a range of activities and events throughout the month of October.

If you or someone you know are interested in trialing our wonderful Silver Salties program, please email Meagan at silversalties@sandringhamlsc.org.au.

VOLUNTEER ROLES

Stu Diamond

engagement@sandringhamlsc.org.au



Interested to volunteer with Sandringham LSC but don't know where to start? There'll be something just right for you - there is something for everyone in lifesaving.

As we approach the 2024-25 season, we're looking forward to welcoming our members as they volunteer to support our activities on the beach, in the clubhouse, in our community or behind the scenes. Everyone's contributions are welcome.

Board Member - There are two vacancies on the board of management - Strategic Projects Lead and Grants Officer. Both of these roles have flexible time commitments which can be done from home and in collaboration with other club members and stakeholders.

Behind the Bar - we're looking for more people to help with the Sandy Bar. If you'd like to get your RSA certificate (Responsible Serving of Alcohol) and help serve Sunset drinks in the clubhouse, this is for you! RSA certification will be paid for by the club.

Nipper Age Group roles - help lead the session and run the Nipper activities, support in the water, pack-up and set-up of the Nipper equipment, BBQ and catering when your group is rostered on, or being an age group parent coordinator helping organise social gatherings and helpers.

Community Events - Interested in helping with fun events and activities around the club and in the community?

We're looking for members who would like to help with our Sunday swims, foreshore festival stands, award nights, and special events.

Do you have another skill you'd like to contribute? Are you great at social media & promotions, interested in joining a committee (building, junior, environmental etc), or are willing to manage our unending need to supply Zooper doopers and BBQ sausages? Let us know!

We are a volunteer-led club that values community participation and support from all our members. Please follow the link below to fill out our Community Participation Form and let us know how you'd like to help.

SLSC Community Participation Form 2024-25 - <https://forms.gle/sEpzHJgaGmTZV6za8>

SAVE THE DATE



SEPTEMBER

14th

- LSV Preseason Forum

27th

- Spring Yoga Workshop

OCTOBER

1st

- Bayside Healthy Ageing
Festival Begins

7th

- Bronze + SRC Course Begins

20th

- Working Bee

26th

- Bronze + Bridging Assessment

27th

- First Community Sunday Swim
- Open Day

NOVEMBER

5th

- Summer Yoga Workshop

9th

- ARTFA + Resus Course

Mid-November

- Patrol Begins

30th

- First Nippers Session

DECEMBER

21st

- Nippers Christmas Session



For more information, please visit www.linktr.ee/sandringhamlsc



MEMBERSHIP

Meagan Holstrom

membership@sandringhamlsc.org.au

Membership enrolments and renewals are now open!! Please join us for another fantastic season!!

For all the information about how to sign up, including fees and renewal instructions, please email membership@sandringhamlsc.org.au or visit www.linktr.ee/sandringhamlsc. Really looking forward to kicking off a great season with you!



SANDRINGHAM
LIFE SAVING CLUB
EST. 1917

Memberships Open

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SANDRINGHAM
LIFE SAVING CLUB
EST. 1917



WORKING **BEE**

12 - 4pm
Sunday, 20th of
October

Join us to freshen up
the club before our
season really kicks off!
BBQ and various jobs
available - make sure
you wear your work
clothes!



OPEN DAY

12-4PM SUNDAY, 27TH OF OCTOBER

Join us for trial classes, a BBQ, Nippers taster sessions, help with registration and more! All welcome!



www.linktr.ee/sandringhamlsc



comms@sandringhamlsc.org.au



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